

Are you taking new medications?



We are conducting a study that connects patients with a trained individual called a “navigator” to help improve medication adherence. The navigator can assist with:

- Financial and insurance issues
- Pharmacy issues
- Understanding medication side effects or concerns
- Transportation
- Any other barriers that may prevent you from taking your medications

Population and Inclusion Criteria

- Men or women over 18 years old
- Newly prescribed (within the last 6 months) one of the following medications:
 - **Methotrexate, Azathioprine, Plaquenil** (Hydroxychloroquine), **Azulfidine** (Sulfasalazine), **Arava** (Leflunomide), **Xeljanz**, **Cellcept** (Mycophenolate Mofetil), **Cyclosporine**, and **Cytosan**.
- Diagnosis of rheumatoid arthritis, SLE, or another rheumatic disease for which you were given one of the above medications

Study Schedule

- **Screening:** you will be asked to complete a 10-15 minute patient assessment to help us assess your needs and how we can help you to meet them
- Navigator will check in via e-mail, phone, or in-person every few weeks to provide assistance and administer a short questionnaire (~5 minutes)
 - Patients will be able to get in touch more frequently if desired
- You will be asked to keep a brief diary to keep track of your medications

Locations

Brigham and Women’s Hospital Arthritis Center

Contacts

Please contact Dan Solomon, MD, MPH (dsolomon@partners.org; 617-732-5356) (Principal Investigator) or Candace Feldman, MD, MPH (chfeldman@partners.org; 617-732-5500) for any questions.

If you are interested in participating, please contact the navigator, Anarosa Campos, directly at either acampos4@partners.org or 617-525-9662.